Asgard:
Raising aspirations and breaking the cycle of risky behaviour among 16-19 year olds

Asgard makes the difference

- Support for 454 young people
- 27 homes made
- 157 rested parents
- Empowering 123
Why?

- Sir Liam Donaldson
- Emergency Care Services overused
- Young people impact!

What's the problem?

- Young people suffering needlessly
- Social exclusion
- Learned behaviours for LIFE
- Wasted resources
- Misused resources
- Millions of £s.
Young people told us....

“It’s OK for my mates to go with me.”

“It’s warm and dry and you can get a can of coke.”

“I don’t like my doctor.”

“I don’t know where to go.”

“I don’t need to stay and no one will know I have been.”

“Everyone goes!”

Service stakeholders told us...

“I really struggle with this. We send vulnerable young people back out onto the streets, but we can’t admit them if there is no clinical need.” Staff Nurse, A & E

“I could do some really great health education with our young people if only they would come to see me.” Practice Nurse, Weelsby View Practice

“Do you know what’s great about Asgard? I am asking Asgard Workers about young people and how they are, because they are no longer turning up here every week.” Sister at ECC
What we found

- A high % of vulnerable 16 - 19 year olds are accessing ECC
- Poor relationship with universal and specialist services
- Low awareness of personal safety
- Complex health & social care needs
- Low aspiration and self esteem.

I Don’t Understand
Whole person approach

- Mind
- Body
- Soul

Reasons for attendance

- Substance misuse
- Untreated / poorly managed chronic conditions
- Socially isolated
- Unsafe sexual practice
- Frequent flyers
- Self harm
- Low threshold mental health needs.
How does it work?

- Co-created service
- Relationship centred
- Follow up concept
- Confidentiality – consent
- Seen anywhere... safe.

Asgard Support Team

- Work in ECC each day
- Partner with ECC staff
- Proactively “engage young people”
- Co-agree the young person’s needs
- Act immediately to safeguard if required.
- Act as advocates
- Parent the young person
- Agree responsibilities & roles.
Engagement with who?

- GPs & primary care teams
- Mental Health Services
- Substance misuse services
- Secondary care
- Housing providers
- Youth Services

Anyone actually!!!

So what?

OK... let's make this real!
Patrick

Steph
Progress so far

TARGET
5% reduction in ‘frequent flyers’ in A&E in the first 12 months

ACTUAL
11% reduction in ‘frequent flyers’ in A&E in the first 12 months
Progress so far

TARGET £12,500 saving to NEL CTP in first 12 months

ACTUAL £66,450 saving to NEL CTP in first 12 months

Progress so far

TARGET £7,500 saving Complex care referral based on 7 cases

ACTUAL £25,636 saving Complex care referral based on 7 cases
Progress so far

**TARGET**

100 referrals

to additional agencies

**ACTUAL**

211 referrals

to additional agencies

Progress so far

**TARGET**

1 instance

drop in subsequent teenage pregnancy rate

**ACTUAL**

2.1 instance

drop in subsequent teenage pregnancy rate
Progress so far

**TARGET**
Reduce by 120
the number of ECC attendance instances

**ACTUAL**
Reduced by 554
the number of ECC attendance instances

The future

“**Asgard Model**” being delivered…

- GP surgery – targeting “hard to reach“
- Immunisations
- Teen parents – contraception – engagement
- Anger management.
The future

Asgard is primed & ready…

• Social Enterprise
• Partnership Working
• Franchise
• Volunteers.
Thank you!

We welcome your questions

Annie Darby & Amanda Jackson